



HRN: 2.0) Peer Recovery Support Participant Manual

Peer Recovery Support seeks to foster a healthy balanced life and independence by helping to build skills for resilient wellness.



YOUR PRIVACY RIGHTS & EMERGENCY PLANNING

2.1a) GENERAL PRIVACY RULES IN PEER RECOVERY SUPPORT

It's important to build trust with Hope Recovery Network and your Peer Supporter for effective support in your ongoing recovery. Part of building trust is being able to talk about difficult topics that may leave you feeling vulnerable—perhaps things that you are not proud of, or violates some law or official rules. Anything you say in confidence with your HRN Peer Supporter is treated as confidential, and protected at all stages of your recovery, and all stages of your individual health information management.* HRN uses a Health Information Portability Accountability Act (HIPAA) “Best Practices” approach to privacy.



What is HIPAA and “Best Practices”? (1) HIPAA sets basic standards to transfer or “port” your medical records (or **Health Information Portability= H.I.P.**) that protect your privacy rights. Examples include switching doctors in a new city or giving X-Rays to a specialist. Assisting insurance coverage and **Accountability** is also part of this **Act**. Examples include the ability to bill two agencies and using standard units to calculate costs. (2) A “Best Practices” approach means HRN will treat participant confidentiality with the same standard as other “covered entities” (*providers that bill health insurance*) are required to do.



***Safety & Mandated Reporting.** HRN Peer Supporters are ‘Mandated Reporters,’ and are required by law to notify outside agencies in certain dangerous situations—despite Participant’s privacy rights.

1. Peer Supporters must report knowledge that person(s) not able to protect themselves are being harmed or are at substantial risk of being harmed (*children, elderly, disabled, animals, ect*).
2. Peer Supporters are required report any specific plans for self-harm, harm to others, or threats to public safety. They may ask if you have such plans under their professional, ethical obligations to protect all.

2.1b) EMERGENCY PLAN & CRISIS SUPPORT

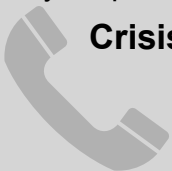
HRN Emergency Plan. (See 2.3A) All Participants are asked to complete this plan form, which will be stored confidentially. It should list any allergies as well as any medications / health information details that first responders would need to know to give you safe and effective treatment. Discussing in advance with your Peer Supporter what to do in an emergency, who to contact, and talking through possible scenarios all will help crisis support be more seamless—so we can be focused in times of need.



Authorization to Disclose. (See 2.3B). Part of HRN’s “Best Practices” approach requires Peer Supporters have your documented prior-approval to share confidential information with your case manager, emergency contact, or any support person for times of crisis **or even for day-to-day recovery support**. Any signed authorizations will be stored confidentially in your file along with your HRN Emergency Plan.

*Its not required, but **STRONGLY recommended** for your Peer Supporter to **have signed authorization forms for your Emergency Contact and Case Manager**, at the minimum, for effective service.*

2.1c) CRISIS SUPPORT. In event of a crisis, its important to know what help is available, when it is available, and have the details posted in your home and/or in your phone. Saving crisis phone numbers to your phone contacts is a low-profile way to be prepared for yourself or be able to help others in need.



Crisis Hotlines: Crisis Hotline: 800-826-1306; text 741741

Mobile Crisis Response Team: 419-552-1254 (Mon.-Fri. 10-6)

Veterans Crisis Line: 800-273-8255; or text to 838255